**Audio Documentary: Two Brown Asian Womxn Out and About**

**Abstract**

Nikki Malazarte

School of Social Work, Loyola University Chicago

SOWK 663: Women and Gender in a Global Context

Nov 9, 2020

**Abstract**

*Two Brown Asian Womxn Out and About* discusses the complex narratives of navigating binary US Anglo-White gendered spaces, the impacts of mental health, and the straddling of two cultures through the perspectives of this writer and her close friend. The writer self identifies as a Queer Filipinx-American woman, while her close friend identifies as a Bisexual Indian-American woman. Through a narrative policy analysis lens, sharing parts of their storyline can inform both the construction of South/Southeast Asian health policy problems and solutions that their communities can easily identify and support. With that said, it is important to weave in accurate narratives to the South/Southeast Asian health policy formation in order to increase more support for their community members to be better understood and deconstruct bit by bit the taboo surrounding mental health within their communities.

A picture containing outdoor, bird, light, wire

Description automatically generated Image by [Ronaldo de Oliveira](https://unsplash.com/@ronaldordeoliveira)

A group of people standing in front of a crowd

Description automatically generated

Image by [Alicia Steels](https://unsplash.com/@aliciasteels)